

Make a Plan to Spend More Time with People Who Are Sober



Person 1:

A. Who I will spend time with:

B. How I will contact them:

C. What I will suggest doing together:

D. When I will do this:

Person 2:

A. Who I will spend time with:

B. How I will contact them:

C. What I will suggest doing together:

D. When I will do this:
