

Fun Things to Do

There are lots of fun activities to choose from.

The following list gives a lot of examples of fun activities that people enjoy. This list of ideas may help you think of new activities that might be fun for you to try. Put a check by the activities that might interest you.



- 1. Taking an adult education class.
- 2. Going out to eat.
- 3. Listening to music.
- 4. Playing a board game (checkers, chess, cribbage, or backgammon).
- 5. Taking a yoga class.
- 6. Doing crossword puzzles.
- 7. Drawing, cartooning, painting, or pottery.
- 8. Volunteering.
- 9. Taking a martial arts class.
- 10. Playing an instrument.
- 11. Lifting weights.
- 12. Going to the zoo.
- 13. Cooking.
- 14. Studying history.
- 15. Playing a sport (basketball, football, softball, or bowling).
- 16. Going to a sports event.
- 17. Going fishing.
- 18. Reading.
- 19. Attending a place of worship.
- 20. Visiting a museum.
- 21. Taking an aerobics class.
- 22. Taking a dance class.
- 23. Bike riding.
- 24. Making crafts.
- 25. Stargazing.
- 26. Knitting or crocheting.
- 27. Going to a movie.
- 28. Taking a writing class.
- 29. Hiking or taking a walk.
- 30. Playing a card game.
- 31. Spending time doing a hobby.
- 32. Playing a computer game.
- 33. Doing jigsaw puzzles.
- 34. Writing poetry or a story.
- 35. Outside games (horseshoes, badminton, croquet, or lawn darts).
- 36. Playing catch.
- 37. Baking.
- 38. Other: _____

